



December 13, 2023

Important Updates to MCC Medical Plans

Dear Medical Plan Participant,

As the cost of health care and especially prescription drugs continue to increase, Michigan Catholic Conference (MCC) and its consultants regularly evaluate how best to optimize where health claim dollars are spent. MCC's goal continues to be providing excellent medical coverage at cost-effective rates. After careful consideration and analysis, the following updates will be made to MCC medical plans effective January 1, 2024, unless otherwise noted. We ask that you read the updates carefully to determine if and how each may impact you and your covered dependents.

1. **Add SAVER90 to BCBSM PPO plans:** This will require most "maintenance drug" prescriptions to be filled through OptumRx Home Delivery pharmacy or at a Walgreens pharmacy. Maintenance drugs are those taken on a regular basis to treat chronic conditions such as high blood pressure, high cholesterol, heart disease, asthma and diabetes. The SAVER90 requirement is already present in the Blue Care Network – Blue Elect Plus plan and is standard across group health plans.

How SAVER90 works:

- After January 1, you will receive up to two 30-day courtesy fills for maintenance medications at any pharmacy in the MCC network.
- After that, you must fill 84- to 90-day supplies either at a retail Walgreens pharmacy or through the OptumRx Home Delivery pharmacy for which you will pay only two copayments instead of three, a 33% savings.
- If, after two courtesy fills, you continue filling your maintenance prescription at any other pharmacy or with the wrong days' supply, you will pay 100% of the prescription cost. For example, if a drug costs \$75, even if your copay or coinsurance is only \$20, you will pay the full \$75 if not filled at a Walgreens or through OptumRx.

To learn more about specific maintenance drugs and the OptumRx Home Delivery pharmacy, visit benefits.micatholic.org/2024PlanUpdates

2. **Add Pillar Rx to PPOHD:** PillarRx is a program designed to save you money on specialty and other expensive drugs. The benefit was added to PPO1, PPO2 and BCN in July 2021. It has provided significant savings over time and is now available to PPOHD members. If you are a PPOHD member and are currently prescribed a qualified medication, PillarRx will reach out to you with more information on your next steps.
3. **Add Oncology Value Management:** This program promotes optimal cancer care by enabling providers to compare planned cancer treatment regimens against evidence-based cancer care. The goal is for cancer patients to begin the right treatment from the start and thus improve health outcomes. This feature, which is already available to Blue Care Network – Blue Elect Plus plan members, will go into effect with BCBS PPO plans February 2024.

4. **Add Teledoc Health (formerly Livongo) for Chronic Care Management Program.** MCC currently offers Livongo for Diabetes and for Hypertension – two widely used programs. In January, Livongo’s name will change to Teledoc Health, and MCC offerings will expand to the Chronic Care Management Program, adding services for diabetes prevention (includes weight management). Teledoc Health will reach out to members who may need additional help with these conditions.
5. **Discontinue weight loss drugs, including GLP-1 drugs such as Wegovy and Saxenda.** GLP-1 drugs are an expensive, newer class of drugs used for treating diabetes and weight loss. MCC medical plans will continue to cover them for members with diabetes, but will no longer cover them solely for weight loss.

The decision to discontinue coverage of weight loss drugs including GLP-1 drugs was not taken lightly. Recognizing the impact this will have on some medical plan participants, we have asked Rx Savings Solutions and Livongo to assist you. Rx Savings Solutions will help members find coupon programs and discuss less costly pharmaceutical alternatives. Rx Savings Solutions can work with your healthcare providers, if appropriate, to find a solution. Teledoc Health will identify members who qualify for the Chronic Care Management program and give members support in their weight management journey.

To provide further assistance and resources regarding plan modifications, a webpage with additional information is available at benefits.micatholic.org/2024PlanUpdates. MCC is also available to answer your questions using one of the three ways below:

Telephone: 800-395-5565
Monday to Friday: 8:15a.m. to 4:45p.m.

Email: Messages sent to benefits@micatholic.org are returned within one business day.

Live Chat Now: MCC’s live chat feature is available during normal business hours and creates a direct connection with a live member of the MCC Benefits Team. Go to benefits.micatholic.org and click Chat Now in the lower right corner.

Please note that MCC will be closed between Christmas and New Year’s Day to allow our employees to be with family. As always, do not hesitate to reach out to the MCC Benefits Team with any questions you may have. We are happy to assist and serve you and your loved ones.

Sincerely,

MCC Employee Benefits Department