### 🔓 Monthly Premium, Deductible and Limits

**IN-NETWORK** 

**PLAN COSTS** For information concerning the actual premiums you will pay, please Monthly premium contact your employer/union group. You must keep paying your Medicare Part B premium. Medical deductible **\$100** per year for some combined **\$100** per year for some combined in- and out-of-network services in- and out-of-network services Maximum out-of-pocket **In-Network Maximum Combined In and** responsibility **Out-of-Pocket** Out-of-Network Maximum The most you pay for copays, **\$1,000** out-of-pocket limit for **Out-of-Pocket** coinsurance and other costs for Medicare-covered services. The **\$1,000** out-of-pocket limit for medical services for the year. following services do not apply to Medicare-covered services. the maximum out-of-pocket: Part In-Network Exclusions: Part D D Pharmacy; Fitness Program; Pharmacy; Fitness Program; Health Education Services; Hearing Health Education Services; Hearing Services (Routine); Meal Benefit; Services (Routine); Meal Benefit; Personal Emergency Response Personal Emergency Response System; Post-Discharge Personal System; Post-Discharge Personal Home Care; Post-Discharge Home Care; Post-Discharge Transportation Services; Smoking Transportation Services; Smoking Cessation (Additional); Vision Cessation (Additional); Vision Services (Routine) and the Plan Services (Routine) and the Plan Premium do not apply to the Premium. combined maximum If you reach the limit on out-of-pocket. out-of-pocket costs, we will pay the full cost for the rest of the Out-of-Network Exclusions: Part D year on covered hospital and Pharmacy; Hearing Services medical services. (Routine); Personal Emergency Response System; Vision Services (Routine); Worldwide Coverage and the Plan Premium do not apply to the combined maximum out-of-pocket. Your limit for services received from in-network providers will count toward this limit.

If you reach the limit on out-of-pocket costs, we will pay the full cost for the rest of the year on covered hospital and medical services.

**OUT-OF-NETWORK** 

# Covered Medical and Hospital Benefits

	IN-NETWORK	OUT-OF-NETWORK
ACUTE INPATIENT HOSPITAL CAR	E	
Our plan covers an unlimited number of days for an inpatient hospital stay. Except in an emergency, your doctor must tell the plan that you are going to be admitted to the hospital.	<b>\$0</b> per admit	<b>\$0</b> per admit
OUTPATIENT HOSPITAL COVERAG	E	
Outpatient hospital visits	<b>\$0</b> to <b>\$25</b> copay	<b>\$0</b> to <b>\$25</b> copay
Ambulatory surgical center	<b>\$0</b> copay	<b>\$0</b> copay
DOCTOR OFFICE VISITS		
Primary care provider (PCP)	<b>\$15</b> copay	<b>\$15</b> copay
Specialists	<b>\$15</b> copay	<b>\$15</b> copay
PREVENTIVE CARE		
Including: Annual Wellness Visit, flu vaccine, colorectal cancer and breast cancer screenings. Any additional preventive services approved by Medicare during the contract year will be covered.	Covered at no cost	Covered at no cost
EMERGENCY CARE		
<b>Emergency room</b> If you are admitted to the hospital within 24 hours for the same condition, you do not have to pay your share of the cost for emergency care. See the "Inpatient Hospital Care" section of this booklet for other costs.	<b>\$65</b> copay for Medicare-covered emergency room visit(s)	<b>\$65</b> copay for Medicare-covered emergency room visit(s)
Urgently needed services Urgently needed services are care provided to treat a non-emergency, unforeseen medical illness, injury or condition that requires immediate medical attention.	<b>\$15</b> to <b>\$40</b> copay	<b>\$15</b> to <b>\$40</b> copay

# 🐼 Covered Medical and Hospital Benefits

	IN-NETWORK	OUT-OF-NETWORK
DIAGNOSTIC SERVICES, LABS AND	IMAGING	
Diagnostic radiology	<b>\$15</b> copay	<b>\$15</b> copay
Lab services	<b>\$0</b> copay	<b>\$0</b> copay
Diagnostic tests and procedures	<b>\$0</b> to <b>\$40</b> copay	<b>\$0</b> to <b>\$40</b> copay
Outpatient X-rays	<b>\$15</b> to <b>\$40</b> copay	<b>\$15</b> to <b>\$40</b> copay
Radiation therapy	<b>\$15</b> copay	<b>\$15</b> copay
HEARING SERVICES		
Medicare-covered hearing	<b>\$15</b> copay	<b>\$15</b> copay
Routine hearing TruHearing Provider must be used. Contact Customer Service to locate a provider.	<ul> <li>\$0 copay for routine hearing exams up to 1 per year.</li> <li>\$3000 maximum benefit coverage amount for hearing aid(s) (all types) up to 2 every 3 years.</li> <li>Note: Includes 80 batteries per aid and 3 year warranty.</li> </ul>	<ul> <li>\$0 copay for routine hearing exams up to 1 per year.</li> <li>\$3000 maximum benefit coverage amount for hearing aid(s) (all types) up to 2 every 3 years.</li> <li>Note: Includes 80 batteries per aid and 3 year warranty.</li> <li>TruHearing provider must be used for in and out-of-network hearing aid benefit.</li> <li>Benefits received out-of-network are subject to any in-network benefit maximums, limitations, and/or exclusions.</li> </ul>
DENTAL SERVICES		
Medicare-covered dental	<b>\$15</b> copay (services include surgery of the jaw or related structures, setting fractures of the jaw or facial bones, extraction of teeth to prepare the jaw for radiation treatments or neoplastic disease)	<b>\$15</b> copay (services include surgery of the jaw or related structures, setting fractures of the jaw or facial bones, extraction of teeth to prepare the jaw for radiation treatments or neoplastic disease)
VISION SERVICES		
Medicare-covered vision services	<b>\$15</b> copay (services include diagnosis and treatment of diseases and injuries of the eye)	<b>\$15</b> copay (services include diagnosis and treatment of diseases and injuries of the eye)
Medicare-covered diabetic eye exam	<b>\$0</b> copay	<b>\$0</b> copay

Covered Medical and Hospital Benefits		
Medicare-covered glaucoma screening	<b>\$0</b> copay	<b>\$0</b> copay
Medicare-covered eyewear (post-cataract)	<b>\$15</b> copay	<b>\$15</b> copay
<b>Routine vision</b> EyeMed is the In-Network provider for the routine vision benefit. Contact Customer Service to locate a provider.	<ul> <li>\$0 copay for routine exam (includes refraction) up to 1 per year.</li> <li>\$250 combined maximum benefit coverage amount per year for contact lenses, eyeglasses (lenses and frames), including lens options such as ultraviolet protection and scratch resistant coating, fitting for eyeglasses (lenses and frames).</li> </ul>	<ul> <li>\$175 combined maximum benefit coverage amount per year for routine exam (includes refraction).</li> <li>\$0 copay for routine exam (includes refraction) up to 1 per year.</li> <li>\$250 combined maximum benefit coverage amount per year for contact lenses, eyeglasses (lenses and frames), including lens options such as ultraviolet protection and scratch resistant coating, fitting for eyeglasses (lenses and frames).</li> <li>Benefits received out-of-network are subject to any in-network benefit maximums, limitations, and/or exclusions.</li> </ul>

MENTAL HEALTH SERVICES		
<b>Inpatient</b> The inpatient hospital care limit applies to inpatient mental services provided in a general hospital. Except in an emergency, your doctor must tell the plan that you are going to be admitted to the hospital.	<b>\$0</b> per admit	<b>\$0</b> per admit
Outpatient group and individual therapy visits	Outpatient therapy visit: \$0 to \$40 copay Partial Hospitalization: \$0 copay	Outpatient therapy visit: \$0 to \$40 copay Partial Hospitalization: \$0 copay

😳 Covered Medical and Hospital Benefits		
	IN-NETWORK	OUT-OF-NETWORK
SKILLED NURSING FACILITY		
Our plan covers up to 100 days in a SNF.	<b>\$0</b> copay per day for days 1-100	<b>\$0</b> copay per day for days 1-100
No 3-day hospital stay is required. Plan pays \$0 after 100 days		
PHYSICAL THERAPY		
	<b>\$15</b> to <b>\$25</b> copay	<b>\$15</b> to <b>\$25</b> copay
AMBULANCE	<b>313</b> to <b>323</b> topuy	<b>313</b> to <b>323</b> copuy
	• • • •	• • • •
Per date of service regardless of the number of trips. Limited to Medicare-covered transportation.	<b>\$100</b> copay	<b>\$100</b> copay
TRANSPORTATION		
	<b>\$0</b> copay for plan approved location up to 24 one-way trip(s) per year. This benefit is not to exceed 60 miles per trip.	<b>\$0</b> copay for plan approved location up to 24 one-way trip(s) per year. This benefit is not to exceed 60 miles per trip. Benefits received out-of-network are subject to any in-network benefit maximums, limitations, and/or exclusions.
PART B PRESCRIPTION DRUGS		
	<b>\$0</b> copay or <b>0%</b> of the cost	<b>\$0</b> copay or <b>0%</b> of the cost
ACUPUNCTURE SERVICES		
Medicare-covered acupuncture visit(s) for chronic low back pain	<b>\$15</b> copay	<b>\$15</b> copay
<b>20</b> combined In & Out-of-Network visit limit per plan year		
Your plan allows services to be received by a provider licensed to perform acupuncture or by providers meeting the Original Medicare provider requirements.		

# Covered Medical and Hospital Benefits

	IN-NETWORK	OUT-OF-NETWORK
ALLERGY		
Allergy shots & serum	<b>\$15</b> copay	<b>\$15</b> copay
CHIROPRACTIC SERVICES		
Medicare-covered chiropractic visit(s)	<b>\$15</b> copay	<b>\$15</b> copay
COVID-19		
Testing and Treatment	Plan specific cost share is applicab services, and FDA approved Rx wit	
DIABETES MANAGEMENT TRAININ	IG	
	<b>\$0</b> copay	<b>\$0</b> copay
FOOT CARE (PODIATRY)		
Medicare-covered foot care	<b>\$0</b> copay	<b>\$0</b> copay
HOME HEALTH CARE		
	<b>\$0</b> copay	<b>\$0</b> copay
MEDICAL EQUIPMENT/SUPPLIES		
Durable medical equipment (like wheelchairs or oxygen)	<b>0%</b> to <b>15%</b> of the cost	<b>0%</b> to <b>15%</b> of the cost
Medical supplies	<b>0%</b> of the cost	<b>0%</b> of the cost
Prosthetics (artificial limbs or braces)	15% of the cost	<b>15%</b> of the cost
Diabetes monitoring supplies	<b>\$0</b> copay or <b>0%</b> of the cost	<b>\$0</b> copay or <b>0%</b> of the cost
OUTPATIENT SUBSTANCE ABUSE		
Outpatient group and individual substance abuse treatment visits	<b>\$0</b> to <b>\$40</b> copay	<b>\$0</b> to <b>\$40</b> copay
REHABILITATION SERVICES		
Occupational and speech therapy	<b>\$15</b> to <b>\$25</b> copay	<b>\$15</b> to <b>\$25</b> copay
Cardiac rehabilitation	<b>\$15</b> copay	<b>\$15</b> copay
Pulmonary rehabilitation	<b>\$15</b> copay	<b>\$15</b> copay
RENAL DIALYSIS		
Renal dialysis	<b>\$10</b> copay	<b>\$10</b> copay
Kidney disease education services	<b>\$0</b> copay	<b>\$0</b> copay

**Note:** A cost share range may display, depending on the service and where the service is provided. Some services require prior authorization.

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# 😳 Covered Medical and Hospital Benefits

	IN-NETWORK	OUT-OF-NETWORK
TELEHEALTH SERVICES (in addition to Original Medicare)		
Primary care provider (PCP)	<b>\$0</b> copay	Not Covered
Specialist	<b>\$15</b> copay	Not Covered
Urgent care services	<b>\$0</b> copay	Not Covered
Substance abuse or behavioral health services	<b>\$0</b> copay	Not Covered



## Covered Medical and Hospital Benefits

**IN-NETWORK** 

**OUT-OF-NETWORK** 

### FITNESS AND WELLNESS

SilverSneakers<sup>®</sup> is a total health and physical activity program that provides access to exercise equipment, group fitness classes, and social events.

#### **HEALTH EDUCATION SERVICES**

Personal Health Coaching is an interactive inbound and outreach on-line and telephonic wellness coaching for Medicare participants who elect to participate, for wellness improvement, including weight management, nutrition, exercise, back care, blood pressure management, and blood sugar management.

#### **MEAL BENEFIT**

After a member's overnight inpatient stay in a hospital or skilled nursing facility, members are eligible for nutritious meals delivered to their door at no cost.

### POST-DISCHARGE PERSONAL HOME CARE

After a member's overnight inpatient stay in a hospital or skilled nursing facility, members may receive assistance performing activities of daily living within the home. Types of assistance include bathing, dressing, toileting, walking, eating and preparing meals.

#### **POST-DISCHARGE TRANSPORTATION SERVICES**

After a member's overnight inpatient stay in a hospital or skilled nursing facility, members are provided transportation to plan approved locations by car, van or wheelchair accessible vehicle at no cost.

### SMOKING CESSATION (ADDITIONAL)

A comprehensive smoking cessation program available online, email and phone. Personal coaches assist via establishing goals and providing articles and resources to aid in the effort to quit smoking.

#### HOSPICE

You must get care from a Medicare-certified hospice. You must consult with your plan before you select hospice.